



# Helpful words when accessing the National Disability Insurance Scheme (NDIS)



**Ethnic Community  
Services Co-operative**  
*A voice for diversity and inclusion*

# Helpful Words when accessing the National Disability Insurance Scheme (NDIS)

## Access Request

How you apply for and take part in the NDIS.

## Achieve

To bring to a successful end; carry through; accomplish.

## Advocacy

Speaking up for yourself or speaking up for other people to get what they want.

## Advocate

A person who supports you to get what you want.

## Assessment

Way to find out about you and what you need.

## Barriers

Anything that restrains or obstructs progress, access, etc. This could be a physical barrier or a social barrier (such as someone's attitude, language).

## Capacity Building

A support that enables a participant to build their independence and skills e.g. access to specific resources

## Capital Support (in NDIS plan)

An investment, such as assistive technologies, equipment and home and vehicle modifications, funding for capital costs.

## Community Participation

Services to help people with a disability to be a part of the community and to help people learn new skills.

## Complaint

Speaking up about something that has made you unhappy or unsatisfied.

## Core Support (in NDIS Plan)

A support that enables a participant to complete activities on daily living and enables them to work towards their goals and meet their objective.

## Early Intervention

Providing support early in a child's life or soon after disability is diagnosed to reduce the effects of disability and to improve the child's life.

## Eligible for the NDIS

Being able to become an NDIS participant.

## Formal Supports

Paid support that is provided by an individual or service providers e.g. physiotherapy.

## Funded Supports

Types of support that cost money and the NDIS pays for.

## Goal

A desired result or possible outcome that a person envisions, plans and commits to achieve. For example, a goal could be to join a sporting club, or learn a new skill.

## **Inclusion**

To be accepted as part of the community.

## **Individualised Funding**

Funding provided through the NDIS to a person with a disability

## **Informal Supports**

Any unpaid support that is provided by a family or friend carer.

## **Information, Linkages and Capacity Building ILC**

Aims to build the capacity of the community, people with disability and their families and Carers.

## **Lifelong Support**

Support that is needed now and into the future.

## **Local Area Co-ordinator (LAC)**

Local Area Coordinators assist with developing NDIS plans, conduct community capacity and awareness building activities, and help, when needed, in the coordination and sourcing of participant supports.

## **Mainstream Supports**

Services that provide support to a range of people and not just people with disability, such as education, income support, housing, employment, public transport or health services.

## **Management of Funding**

The way of taking care of how you pay for the supports and services needed. Some options include self-managed, NDIS-managed, or having a service provider manage your funding.

## **National Disability Insurance Agency**

The NDIA is the organisation that manages the NDIS. They support people with disability to achieve their goals and take part in daily life.

## **NDIA Agency managed**

When the NDIA manages your funding of the supports in your NDIS.

## **National Disability Insurance Scheme (NDIS)**

National Disability Insurance Scheme, a new way of providing support for Australians with disability, their families and carers.

## **Participant**

A person with disability who has an NDIS Plan.

## **Participant Plan**

Customised plan to suit the specific needs of the participant that seeks to maximise choice and independence.

## **Permanent and Significant**

A disability that a person will have for the rest of their life and that makes it difficult for the person to do everyday things without assistance.

## **Person Centred Approach**

Places the person with disability at the centre of decision making in terms of their own care needs.

## **Plan Management**

When an individual or organisation that is registered with the NDIA helps you manage your funding of the supports in your NDIS plan.

## Planning Meeting

A conversation where a planner, a participant and any other person supporting the participant work together to develop an individual support plan for the participant

## Reasonable and Necessary

A support must be related to the participant's disability; not include day-to-day living costs that are not related to a participant's disability support needs; represent value for money; be likely to be effective and beneficial to the participant, and take into account informal supports given to participants by families, carers, networks, and the community.

## Referral

Information given to you about another service or being sent to another service that can support you.

## Registered Service Provider

A disability support provider that has met the NDIS requirements for qualifications, approvals, experience and capacity for the approved supports and the quality standards of the jurisdiction in which they operate.

## Self Managed

Where funding and supports are managed by the participant and their family.

## Service Provider

An individual or an organisation that delivers support or a product to a participant.

## Support

Assistance that helps a participant to reach their goals, objectives and aspirations, and to undertake activities to enable their social and economic participation.

## Support Co-ordination

A registered service that helps participants find and manage supports.

## Support Plan

A plan developed for all aspects of the person's life. Developed with the person with disability, parents/carers, employees and professionals.

## Third Party Managed

An individual or organisation that is registered with the NDIA that helps you manage your funding of the supports in your NDIS plan.

## Transition

A time in your life when you move from one place, program or service to another.

**Contact Us**  
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